



7 | THE ROCKY MOUNTAIN

In *arwāh*, the world of souls, God gave peace to all living things, but they forgot this peace when they came here to this world. May that same peace emerge within all of them again, and may I also have that peace. May that peace be within us all, all my children, all my brothers and sisters. May we all have that peace.

Perhaps I can tell you a few incidents from my life, my history. During my life I searched to find where, when and how I could find peace, serenity, tranquility and equality. The world said I would find it here, there, in that tree, this philosophy, that religion, in this cave or on that mountain. Each person or group in turn said I would find peace in all those different places, and so I went to each one of them searching for peace. They said if I meditated I would find peace, they said if I chanted mantras I would have peace, then they said if I performed miracles I would have everything. They said, "If you experience the different features of these miracles you will find peace."

I tried each and every thing, one by one, but I did not find peace. I studied all the religions, *Zabūr*, that is Hinduism, *Jabrāt* or fire worship, *Injīl*, a name for Christianity, and *Furqān*, another name for Islam. I tried to find peace in whatever they talked about.

Certain religious leaders, some *ambiyā'* or messengers and some gurus said I had to travel the path of religion, study the religions. I did that. Others said, "You can't find peace there, go to the jungle." But wherever I looked I saw fighting, murder, separation and a sense of differences. Wherever I looked that is what I saw, not a single race or religion without fighting, without murder. At last I said, "O this is hopeless, where can I go, what religion can I turn to, where can I go?" When I looked at the sea I saw one creature eating another, creatures fighting with each other, the bigger ones eating the smaller ones. When I went to the jungle it was the same, when I went to the city they were also fighting and when I went to the religions there was the same fighting in each religion. Within each race

I found similar fighting too. Even among members of the same race they fought and devoured each other.

Then a *gnāni*, a wise man said, "Are you searching for peace? Go to a cave high up in a mountain, sit there, meditate, worship and pray, then you will find peace."

I said, "O do you think so? All right, I will go." I went there, to a tall mountain, sat and prayed a long while. Five years, six years, eight years, ten years went by, but when I used my eyes I still found it was all fighting. In the jungle, in the city, everyone was fighting, there was murder everywhere. I said, "What does this mean? There is no place where God is not, yet there is no place without fighting and murder, no place without sin. Where will I find peace now, where can I go?" I thought, "I have been sitting in this place for ten years and it is no different here."

As I was having these thoughts, the rocky mountain I was sitting on began to speak, "They are all stone-hearted, each of them murdering someone else." The rocky mountain said, "O man, come here." Then it asked, "Where do you think you are? Are you sitting inside this cave on the mountain, are you meditating inside this rocky mountain cave? You think you are sitting here meditating to find peace, but you have grown a rocky mountain inside yourself harder than this mountain on the outside. There is a rocky mountain you have grown inside yourself where you have nurtured arrogance, you have nurtured pride, yet you call that peace and equality. You keep searching for peace for yourself, you keep searching for tranquility for yourself, you are searching for serenity and quiet for yourself. But this rock mountain you are growing inside you is an immense cave. You are not sitting inside me, you are sitting in the cave you have made for yourself. Whatever you have grown inside yourself is the cave you are sitting in. You are in the cave you have built yourself, but you say you are sitting in a rocky mountain cave.

"First break down that rocky mountain you have inside you, break down that karma, arrogance, selfishness and pride which are all inside, break them down. This rocky mountain of the world is inside you; first break that down. You are sitting beneath the mountain of the world: that world and that rocky mountain are inside you, and you are sitting there inside them. You have pride, conceit, your name, your fame, your title and your miracles, and in the middle of all this you keep trying to find peace and serenity.

"But these treacherous weapons, the weapons of murder, are inside you. These weapons which cause all the trouble are still inside you. If you can

throw away this world and these weapons, then you will discover where peace and tranquility are, you will discover where justice and honesty are, you will discover the truth telling you where human beings live, where animals live.

"O man, first become a true human being. If you become a true human being all living things will bow down before you. If you become God all living things will worship you. If you become a *gnāni*, a wise human being, you will be something peaceful for all living things. You will be a source of peace for all living things. If you become truth you will be food for everyone, and all your words will create peace. If you become justice you will bring unity and peace to the wisdom of others. If you find all this within yourself you will know the kingdom of heaven within your own self, you will have the kingdom of God inside. Then the kingdom of the world and illusion, the kingdom of hell will disappear for you, and when they leave, you will find peace.

"You will also find that everyone is your brother or sister, alive in that one place in your heart. In this light of purity which is your heart, in this light of the soul you will find all your brothers and sisters living in that kingdom. You will find everyone in that kingdom of *gnānam*, of divine wisdom, in that kingdom of your Father, that kingdom of the soul, that kingdom of God.

"Yet without throwing away the world and these illusions, you sit here on this rocky mountain and say you have meditated for ten years. You say you have not seen anything. You are fifty years old. For fifty years you have been sitting on this mountain within you, and you have only sat on this outer mountain for ten years. Whoever it was who went into that mountain inside never came out, never escaped from it. Come out from that rocky mountain of the world and find peace and tranquility. As long as you do not break up this mountain and throw it away, you will not find peace.

"You have four sections within you. You have to cross over the path of earth where you are assaulted by gales and storms. Then there is the sea of life. You have to cross over the ocean of water. Then the winds and storms of the air beat you down, storms which can make the land a sea and the sea into land. You have to cross over this sea of storms and gales until you come to fire. All your thoughts and everything you see are the fires that can destroy other beings, they can burn other people. Your thoughts, your intentions, what you see, these are the things that can kill others and destroy them. These spirits, these words can kill, they can destroy or cause pain and suffering to others.

"These four sections are there inside you, and you have to throw them away, overcome them. There is a fifth thing, torpor, ether or outer space. You can be enchanted by illusion, by maya, by what you see, and you can make others feel the fascination of these illusory desires. The earth is your body, water is the life composed by the liquid part of your body, air consists of the thoughts and intentions in your body, the spirits, fire is the strong heat which comes from each feeling of anger, jealousy or pride, feelings which attack and hurt others and ether is torpor, the selfishness which destroys your life. You have to overcome these five, you have to go beyond these five.

"These five things take five forms, and they also take the form of five religions. As long as you do not understand this and overcome them, you suffer. Understand this, know it and emerge from these five. As long as you do not, you cannot cross over the world and overcome it, you cannot find peace. You must understand these five, know them and go beyond. Only then will you find peace. Understand them, discover what the religions are, what prayer is, what truth is, who you are, who God is, what peace is, what justice is, what conscience is, what life is and who your family is. Discover whether we are one or many. Where did the six kinds of life come from, are they within me or do they exist on the outside in others? Earth life, fire life, water life, air life, ether life, light life—are they inside me or do they live somewhere else?

"Investigate this and you will understand that the water lives are inside you, germs and viruses which live in water are within you. Next are the lives that live in the air and lives that live in the earth which exist as atoms, as viruses, as cells. What was inside you, God brings outside and keeps it outside. The fish and the other sea creatures, the water beings of the sea and the animals in the jungle are all living things within you. These six kinds of life which are inside you are also visible on the outside.

"What exists on the inside takes form on the outside, what exists on the outside is found within. You must understand this. Once you understand this, you will not kill those lives that come from inside you. Once you know these lives came from you, you will not kill them, you will not eat them because they are part of you. Instead, you will send them to their respective sections to let them develop there. You will let them go to their respective places and you will escape. Then you will have less weight inside you, the world will be less, you will be free of the world. Send everything from the air, from your *nafti*, your base desires, back to the air. Send everything that lives in fire back to the fire, send those qualities to

the fire. Give back to God what lives in God and send the things that live in illusion to illusion. Then you who came from God can go back to God, you will live in Him. Then you can find peace. First go back. Understand this, learn this and you will find peace."

This is what the rocky mountain said, then continued, "You did not understand that. Now I am only a stone, but you are a stone made of clay; I am a rocky stone, you are a clay stone. At least I can be used for something while you are made of clay and cannot be used for anything. I can be used to build bridges or houses, but you are a soft lump of clay which cannot be used for anything. If you do not understand that, you will not be of use to the world or to God, you will not serve any good purpose.

"First learn to be a true man. There is no use just sitting here. You are not sitting inside me, you are sitting in the rocky mountain within yourself, you are sitting in the cave of your arrogance, karma and illusion. Now go, understand about those caves. The jungle is inside you, the city is inside you, the mountain is inside you, the animals are all inside you. Now go, hunt all this down, discover it and complete that understanding. Then you will find peace."

This is what the rocky mountain told me. May we all undertake to understand this. I give you my love, my love you. I did hear what the rocky mountain said and set about studying these things, one by one, all over again. I did my research into these areas, what happens in the earth, in water, the grass, the insects, the birds, the monkeys, what they do, what kind of unity they have. I looked at reptiles and ants, observing what they were doing. I wandered around wondering where I could find peace.

The mountain had told me to search and study in the religions; so I went to the religions. There I found four people, a thief, a madman, a drunk and a swami or *gnāni*, all sitting around under a tree. They sat there with their beards and mustaches, each talking in his own language saying ah, ooh or something else in his own tongue. I had the thought, "These are four *gnānis*, four wise men from the four religions, perhaps I can learn something from them." I went over to the tree and stood there watching. The swami who was a holy man had a Bible, the drunk had an old book, one of the Purānas, the Hindu scriptures, the madman held a piece of paper and the thief had a bag with a pair of scissors and some other instruments. The thief kept looking at the things in his bag which he held as if it were a little book, something he kept reading nonstop.

Since these four individuals happened to be there, I thought I should

stay around to see what went on. They all started staring at each other and began to yell, they began to fight. As the four men started to fight passersby noticed, "O the four swamis are fighting," and a great crowd gathered to watch. I thought, "If I get involved in this I might have to fight with them," so I decided to keep out of it and just observe what went on.

Now the four of them stood up to walk away, the drunk stumbling this way and that, spitting and making different noises, the madman making funny noises too. The *gnāni* was crazy; even though he was called a *gnāni*, he had a kind of madness too. They were all crazy, the thief was crazy, the madman was crazy, the swami was crazy and the drunk was crazy. The swami was acting strangely, doing this and that, making various signs, talking to someone. He held up the Bible then raised his hand, talking to someone in the sky. The drunk stumbled around walking everywhere, apparently looking for something, picking up anything he thought might be valuable. He kept looking at the paper in his hand. This man's madness was an obsession for money. He started preparing his accounts, writing checks, "The train is mine, the shop is mine, the world is mine," he was counting, writing it all down saying, "They're all mine." It was the desire for money that drove the drunk mad.

The madman had an obsession for a certain woman. Thinking a photograph of the woman was on a piece of paper, he picked it up and started kissing it, holding it to his heart and then embracing it. All four were going through performances in their own deluded way. The thief was obsessed with miracles, the drunk was obsessed with money, the swami holding the Bible talked in a crazy way, and the madman was obsessed with women.

The thief, was also a philosopher who believed in miracles. He had a pair of scissors. He held the scissors to a dry leaf and said, "O leaf, you were so beautiful when you first came here, you had such a lovely color, but now you are dry and tomorrow you will be dust." He started to cut it up saying, "Now you are finished, you are nothing." Then he bent over, "Tomorrow I will be dust too; you will become dust and I will also be dust. There's no point in any of this, what can we do?" He looked up, he looked down, he picked up a leaf. The madman held up a paper looking for the picture of a woman. The drunkard was looking for money. The swami holding a Bible talked to someone up above saying, "I am great, I am coming there too."

The four of them were walking along the same road, not letting anyone

else pass them by, all acting the same way. Each had a different obsession, but they were acting the same way; one was obsessed with a woman, one with money, one with philosophy and one with spiritual knowledge. Each of them had a dominating thought which had made him insane.

Then I heard a sound, "Do you understand? Do you see these four people, do you understand them? This is what the religions are like. Understand this; it is madness. They all have a certain reason for their madness, something happened in their lives and they went mad. This is what is called religion. Do you understand that?"

"However, there is a true religion which comes from God's decree, from something He commanded. You must learn this from within. The other is seen on the outside. Find out what is inside and learn it with clarity. This is the real religion. To understand the words of God within that religion is the truth. When you find this truth you will find peace, and that peace is God. Then the unity you see in this place is the unity of God's kingdom. This is the kingdom of peace where you accept everyone as if they were your own. You think of all living things as your own life, and see all lives as your own. This is peace. The love that comes when you think of all lives as your own is paradise, the kingdom of God.

"Understanding that state is prayer. Churn everything and extract peace from it. This is the way to have peace. Paradise is God, man and the truth living together. Only when this state is established within you do you find peace, and then the peace of all living things is your peace and ease, the peace of all lives is the wealth, the joy of your life. When you understand this state, that is wisdom, the state of love, the state of God's qualities. As long as you fail to know this or understand it, you do not have peace in your life. You have the suffering of hell, you have mental pain. You suffer and experience torture in life and die an undying death. Your life goes on but you are not dead, you die inch by inch. This is a terrible disease which tortures you. Think about it. When you understand this, when you realize this you will recognize that the peace of others is your peace.

"You will see the lives of others within yourself, and the joy in their lives will be your joy. You will know God's joy and taste it little by little. Until you know this, you are like these madmen, each with a different reason for his madness. Each man has a reason, a source, of his madness. Everyone is walking along the same road but each with his own insanity.

"You must have the clarity to find that one treasure, God, Allah; take the truth, wisdom and meaning from each thing, one by one. On that day you will have your peace and the peace of others. If you do not do

that you will not find peace in this world, in the kingdom of God, in the kingdom of souls, in your own life or in the kingdom of heaven.

"You can only find that peace once you have discarded everything. What remains will be God's qualities, the four virtuous qualities of modesty, reserve, sincerity and fear of wrongdoing, good conduct, *sabūr*, inner patience, *shakūr*, absolute contentment, *tawakkul-'alallāh*, trust in God, and *al-hamdu lillāh*, offering all praise to Allah. Just as ghee can be churned and extracted from milk, churn yourself and extract these qualities. You can make ghee from milk step by step, then when you melt the ghee it is like a mirror in which you can see yourself.

"In the same way, you have to churn the five elements within you and churn your five senses with wisdom to extract *īmān*, absolute faith, and the truth that is God. Churn your heart with wisdom, churn the five elements, the five senses and extract the truth. Then when you melt this truth you will see that God is a mirror and that you are the form seen in that mirror. God is the mirror in which you see your form. Once you churn the heart, your beauty and form are seen there in that mirror, and within that beauty you see into each and every thing in existence. You will see that peace. This is what you have to find, yet as long as you study the religions without knowing that, you will not reach the station of truth. Religions are practiced for many different reasons, but God has said just one word. The essence, the resplendence in all the religions is just one point.

"God's essence, His *rahmat*, His grace or mercy, rises up step by step. First it was in the earth, then it grew larger and it grew again. Then it rose up, it stretched and came up, it ascended, it grew and then it emerged. God's *rahmat* grew and grew and grew in the religions too, until finally it emerged. First it grows in the religions, then it grows in man and becomes God. You must go through the four religions, extract the truth from them, learn about *insān*, a human being, and extract what is within him; in this you can find the truth. Step by step His *rahmat* grows. God's word grows and flourishes."

These are the words given to me many, many years ago, and then wherever I went, I found all these madmen. Whichever road I traveled I found madness, the kind of madness stemming from different thoughts. They all had a certain stubbornness or obstinacy about a particular thing, either an obsession about color, race, religion or any kind of difference. They all had something, yet if they lost their money or had a bout of diarrhea, the madness would leave. No one accepts you if you have no

money. The religions will not accept you. As long as you have physical strength, physical beauty, money, a home, property, only then do they accept you. If you have something they accept you, but if you do not have anything they find useful they will not accept you. They accept you because they can gain something from you; otherwise they will not accept you.

This is what happens in the world. Only if you churn yourself to extract everything about man and God, only if you collect the truth yourself are you able to understand it. That is the truth. This means your wisdom has to penetrate everything to find clarity with *īmān*, with absolute faith. To do this you need faith, certitude, determination and *īmān*, faith in God. You must also have the qualities of *sabūr*, inner patience, *shakūr*, absolute contentment, *tawakkul-'alallāh*, trust in God, and *al-hamdu lillāh*, offering all praise to God. You need wisdom, the wisdom to learn how to acquire these qualities, how to know these things and find clarity.

Open your heart! You have to open your heart, discard this *dunyā*, this world, and remove all the veils of the world. Keep God and His kingdom within yourself, keep God's justice within you. You must know today the judgment God will pass on you tomorrow. Know your faults and try to correct them. Before He raises you on Judgment Day, before He passes judgment on you, judge yourself while you are here. Would that not be a good thing to do? Before there is an inquiry in the hereafter about the good and the bad you have done, would it not be a good idea to understand the good and the bad you have been responsible for while you were here? Before you are judged ready for heaven or hell in the hereafter, should you not recognize the good things and the bad things you actually do here now, and ever after avoid evil, accept the good and live on in those good qualities?

If you investigate yourself, you can discover where you are and learn what is good. If you have that judgment here instead of there, later on you will not be found guilty because this is the same inquiry which takes place afterwards. Throw away the evil, the sin which stems from each thought, each look, each intention, and keep just the ones that are good and use them. Then sin will not touch you, evil will not appear. If you go on doing this throughout your life, if you make this judgment on yourself during your life, you build your own heaven and have the right to be one with your Father. Recognize both the sound and the light of your Father in your actions. Keep seeing this, keep checking this during your life and you will never separate from your Father in this world or the hereafter. This is peace, and understanding this is what you have to learn.

Everyone came here to learn this. Think about it. Everything you see is a guru. All God's creations, all the creatures made by the Creator are here for you to study the good and the bad, to have clarity about the things that are good and the things that are bad, to know what truth is, what falsehood is, to know what is good, what is evil, what food is good, what food is bad. Some things are poisonous and some things are not. There are good human beings and bad human beings, good animals and bad animals. You have to learn how to understand all this.

I give you my love, my precious children. These words given to me during my life are the words I am telling you now. This is the way to find clarity in your life. Instead of waiting for tomorrow's Judgment Day, correct yourself, judge yourself while you are still alive. The courthouse, God's house, heaven and hell are all within you. God's house, the house of heaven, the house of judgment, the house of paradise, the house of hell, the house of peace are all within you, and you must know which is which. If you build the right things inwardly, you will find peace.

May you think about this. I give you my love, jeweled lights of my eyes. These are certain words given to me in the course of my experience. *As-salāmu 'alaikum*, may the peace and blessings of God be with you. *Āmīn*.

December 22, 1983

